



Communion Assistants

The following are some suggested guidelines for communion assistants:

The order for communing is as follows:

- Communion assistants and musicians
- Congregation and choir
- Ushers
- Pastor and Communion Host

Pastor and Communion Hostess will first commune communion assistants, musicians and choir if present (**Wait at the riser after sanitizing your hands**).

While the Pastor and assistant commune those unable to come forward to take communion, the other two assistants commune the band (ask for verification on this as there are times they need to commune at the end), then proceed to their station.

As we follow strict rules of hygiene when serving communion, please note that all helpers and assistants are **required to use the sanitizing gel provided prior to communion**. A bottle will be on the tray in the center aisle. Use this gel as you come up and wait **at** the riser to receive communion.

- † As you hand out the wafer, you say **“the body of Christ, given for you”**.
- † Children who do not receive the bread and wine are to receive a blessing preferably from the pastor. If that is not possible, give them a simple blessing. **Please do not touch the child’s head for hygienic reasons, but do make eye contact with them to help them feel special. Should you choose to touch the child, please do not use the same hand you use to distribute the wafers.** If you are not sure of whether the child is allowed to take communion, look for verification from the parent.
- † All wafers and bread are gluten free.
- † Those with the tray of wine/juice say: **“the blood of Christ, shed for you”**.
- † Please do not hand the glass of wine/juice to the communicants, but allow them to take it themselves, unless they are visibly and physically not able.
- † Rotate the tray so the cups are near the front.



Pastor and Communion Hostess commune each other at the altar after everyone else has communed.

And finally, if you are sick with a cold or flu virus, please refrain from helping that particular Sunday and ask someone to fill in for you.

Thank you again for your participation and cooperation in following these guidelines. If you have any further questions, please contact Elizabeth Wood prior to the service.

Thank you for your willingness to serve our congregation in this meaningful way.